

PALMY FOOD GUIDE

Taste your way through the
best Palmy has to offer.





Palmy's food scene can't be missed!

With 200+ bars, restaurants, bakeries and cafés, Palmy truly has something for every palate. If paddock to plate is your jam, you'll taste it in the care of local growers, makers and chefs, served fresh and full of character. From fine dining and gourmet treats to easy, budget friendly bites, you're never far from a plate that fits your taste and wallet. Reflecting the 130 cultures who call our city home, you're spoiled with Vietnamese, Indian, Chinese and European favourites alongside Canadian comfort, South African flavours and many more. Wander George and Cuba streets for buzzing dining, explore side lanes for hidden gems, and enjoy warm manaakitanga wherever you land.

For even more foodie places to explore visit palmynz.co.nz



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Bakérie Cafés



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Bakery Cafés

A Slice of Heaven Café



- 📍 65 Rangitikei Street
- 📌 A slice of Heaven
- 📞 021 165 5184

Albert Bakery



- 📍 544 Ferguson Street
- 📞 06 356 5429



Alexandre Patisserie



- 📍 9 Coleman Place
- 📌 AlexandrePatisserieChocolaterie
- 📞 06 353 5192

Arrosta Coffee Roasting Co



- 📍 216 John F Kennedy Drive
- 📍 42 Victoria Avenue
- 🌐 arrostacoffee.co.nz
- 📞 06 355 5010



Ashhurst Bakery & Cafe ☐

- 123 Cambridge Ave,
Ashhurst
- 06 326 8190

B2B Bakery ☐

- 373 Church Street
- B2BBakeryandCafe
- 06 353 2222

BABCO – Brick Artisan Bread Company ☐

- 3B-95 Albert Street
- babco.co.nz
- 06 355 2082

Backstage Cafe ☐

- 96 King Street
- Backstage-Cafe

Barista ☐

- 59 George Street
- barista.co.nz
- 06 357 2614

Boho Café ☐

- 2 Pitama Road
- bohocafe.co.nz
- 06 357 1384

Broadtop Home Cookery ☐

- 232 Ruahine Street
- 06 357 6198

BOX by Ebony Coffee ☐

- 114 Summerhill Drive
- box_by_ebonycoffee
- 027 567 5899

Cactus Creme Cafe ☐

- 227 Broadway Avenue
- 06 355 1235



Golden Tulip Bakery



📍 111 Highbury Avenue 📍 61 Broadway Avenue

📍 Golden Tulip Bakery Palmerston North

☎ 06 952 3419

Discover the vibe at Golden Tulip Bakery a 100% local, Palmerston North-owned gem where legendary pies meet classic doughnuts, fresh rolls and more. Grab a lunch on-the-go, treat the crew or simply indulge. This bakery keeps it real, fresh and fiercely local.

Café 116 at The Pillars



- 📍 91 Milson Line
- 📌 Cafe 116
- ☎ 06 358 0258

Café Brie



- 📍 218 Broadway Avenue
- 🌐 cafebrie.co.nz
- ☎ 06 355 5282

Café Cuba



- 📍 236 Cuba Street
- 🌐 cafecuba.co.nz
- ☎ 06 356 5750

Café Esplanade



- 📍 1 Palm Drive
- 🌐 esplanadecafe.nz
- ☎ 06 357 7880

Café Express



- 📍 41 The Square
- 🌐 cafeexpress.net.nz
- ☎ 06 353 8440

Café Jacko



- 📍 8 George Street
- 📌 Cafe Jacko
- ☎ 06 359 3303

Café Zest



- 📍 45 Ruahine Street
- 📌 CafeZest2015
- ☎ 022 436 3576

Capers Café



- 📍 272 Broadway Avenue
- 📌 CapersCafe PalmerstonNorth
- ☎ 06 354 2770

Coffee On The Terrace



- 📍 361 Broadway Avenue
- 📌 CoffeeOnTheTerrace
- ☎ 06 354 2772



Country High Road Tea



📍 167 Oroua Road, Kairanga

🌐 countryroadhightea.co.nz

☎ 022 599 6601

Coffee on Ascot



📍 35 Ascot Street

📌 CoffeeOnAscot

☎ 022 122 7268

CoffeeHQ



📍 S21 Dairy Farm Road,
Massey University

📌 Coffeeshq_palmy

Columbus Coffee



📍 Shop 34/84 The Square ☎ 06 359 4322

📍 250-270 Featherston Street ☎ 022 408 7938

🌐 columbuscoffee.co.nz

Courtyard Café



📍 360 Albert Street

☎ 06 357 5024

Cravings Café



📍 117 Ruahine Street

📌 CravingsCafenz

☎ 06 280 3370

Cuba Bakery Bunnythorpe



📍 22 Campbell Road, Bunnythorpe

✉ cubabakehouse@outlook.com

☎ 06 280 2882

A local favourite known for fresh-baked sweet and savoury treats made daily. Cuba Bakery is loved for its classic cakes, pastries, and friendly service, making it a go-to stop for locals and visitors passing through Bunnythorpe.

Cuba Street Bakehouse



- 📍 72 Cuba Street
- 📧 Cuba street bakehouse
- ☎ 06 358 0122

Double 8 Nine



- 📍 889 Main Street
- 📧 Double8Nine
- ☎ 06 356 3181

Double Shotz



- 📍 138 The Square
- 🌐 doubleshotzcafe.com
- ☎ 06 356 6888

Ebony Coffee Roasters



- 📍 208 Featherston Street
- 🌐 ebonycoffee.co.nz
- ☎ 06 359 3300

Ellaberry Cafe



- 📍 54 George Street
- 📧 ellaberryptn@gmail.com
- ☎ 027 306 5836

Elm Café



- 📍 283 Fitzherbert Avenue
- 🌐 elmcafé.co.nz
- ☎ 06 355 4418

Essence Cafe and Bar



- 📍 186 Rangitikei Street
- 📧 essencecafepalmy@gmail.com
- ☎ 06 323 4405

Freddie Clere



- 📍 395/397 Church Street
- 📷 VisitFreddieClere

Fiore Coffee



- 📍 Dittmer Drive ☎ 021 459 189

Fiore Coffee began as a student-run cart started by the Grady family, giving local teens real experience in customer service, espresso skills, and small-business basics. Set near He Ara Kotahi, each brew carries a purpose.



Gorge Quarter



📍 1631 Napier Road 📧 amy@gorgequarter.nz

☎ 027 688 8398

Gong Cha



📍 102 The Square

🌐 gongcha.co.nz

☎ 06 213 9851

Hope Kitchen Café



📍 156 The Square

🌐 hopevineyard.nz

☎ 021 166 3301

Hokowhitu Café and Bar



📍 19 Centennial Drive

☎ 0800 701 125

🌐 manawatugolfclub.com/
cafe-and-bar

Hungry Horse Café



📍 4 Botanical Road

📌 HungryHorse.co.nz

☎ 06 358 1111

JJ Café



📍 292 Church Street

📌 Jjcafe.nz

☎ 06 355 5111

La Patio Café and Bar



📍 140 Fitzherbert Ave

📌 LaPatioCafe

☎ 06 356 5065



Knead

📍 186 Te Awe Awe Street ✉ orders@knead.co.nz

Knead Bakery in Hokowhitu is a beloved artisan gem known for its handcrafted sourdough loaves, almond croissants and inventive cronuts. Locals say the pies are among the best in town, perfect for a stop-in any day.



LOCAL

– Licensed Café & Eatery

📍 240 Broadway Ave 🌐 cafelocal.co.nz

☎ 06 280 4821

LOCAL Café & Eatery brings seasonal, region-sourced fare to Palmy. Every dish showcases NZ producers, from Raglan coconut yoghurt to Pohangina's Cartwheel Creamery. The team's sustainability drive is real.

Mony Bakery



- 📍 170 Fairs Road
- ☎ 06 357 8096

Moxies



- 📍 67 George Street
- 📌 Moxies Cafe
Palmerston North
- ☎ 06 355 4238

Mouthwater Coffee Company



- 📍 138 Kaimanawa Street
- 📍 159 Main Street
- 📍 820 Tremain Avenue
- 🌐 mouthwater.co.nz

Munch



- 📍 62 Broadway Ave
- 🌐 munchpalmy.net
- ☎ 06 356 5237

Rangitikei Bakery and Café



- 📍 310 Rangitikei Street
- ☎ 06 359 4195

Robert Harris Café



- 📍 73 The Square
- 🌐 robertharris.co.nz
- ☎ 06 355 3503

Rumour Has It



- 📍 305 Rangitikei Street
- 📌 Rumour Has It Cafe
- ☎ 06 358 7144

Sassy Coffee Cart



- 📍 652 Tremain Avenue
- ✉ lisa.nailtek@live.com
- ☎ 027 887 7922

Son & D Bakery



- 📍 125 Botanical Road
- 📌 Son & D Bakery
- ☎ 06 357 9969

Suny Café



- 📍 190 Ruapehu Drive
- ☎ 06 356 1678

Streetwise Coffee



- 📍 776 Main Street 📞 022 105 0315
- 📍 1043 Tremaine Avenue 📞 027 666 9956
- 📍 304 Rangitkei Street 📞 0210370581

Sublime Coffee Roasters



- 📍 203 Cuba Street
- 🌐 sublimecoffee.roasters.co.nz
- 📞 0508 782 546

Stads Café



- 📍 737A Main Street
- 🌐 stadscafe.co.nz
- 📞 06 355 2164

The Bees Knees Café



- 📍 352 Albert Street
- 📷 [the_bees_knees_cafe](https://www.instagram.com/the_bees_knees_cafe)
- 📞 06 358 8399

The Coffee Club



- 📍 102-104 The Square
- 🌐 thecoffeeclub.co.nz
- 📞 06 355 3407

The Cooperage Café



- 📍 723 Main Street 🌐 thecooperage.co.nz
- 📞 06 354 5124

The Little Coffee Shack



- 📍 1A Wiltshire Place, Milson 📞 027 622 6625

The Little Coffee Shack is a cosy, welcoming spot serving quality coffee and fresh, locally made treats. Perfect for a quick pick me up or a relaxed moment in your day, it's a charming go to for great service, good vibes, and consistently delicious brews.



The Herb Farm



📍 86 Grove Road 🌐 herbfarm.co.nz 📞 06 326 7479

Tucked away in a beautiful garden setting, The Herb Farm Café delivers thoughtfully prepared seasonal dishes in a tranquil countryside atmosphere ideal for long lunches and relaxed catch-ups.



Orlando Country Café & Bar



📍 748 Rangitikei Line 🌐 orlandocountry.co
☎ 06 280 2913

Set in a vibrant golfing environment, Orlando Country Café & Bar combines quality dining with a full-length driving range and 9-hole golf course, creating a laid-back yet lively destination for food, drinks and play.

The Local Backyard Cafe & Bakery



📍 123 Cambridge Avenue,
Ashhurst

📱 TheLocalBackyardCafe

☎ 06 326 7252

The Verdict



📍 32a The Square

🌐 theverdictcafe.co.nz

☎ 06 355 1622

The Village Coffee & Co



📍 62 Cambridge Avenue,
Ashhurst

📱 The Village Coffee & Co

☎ 021 086 16310

Thyme and Fig Cafe



📍 75 Walding Street
Shop 6

✉ thymefigcafe@gmail.com

Wharerata



📍 Main Drive, Massey University

🌐 wharerata.co.nz

☎ 06 350 5088

Wharerata offers refined dining in a beautifully restored historic homestead, set within Massey University's tranquil grounds. With thoughtful menus and elegant spaces, it's an ideal spot for relaxed lunches, celebrations, and special occasions.

Wildflour Kitchen



📍 317 Main Street

🌐 wildflour.co.nz

☎ 06 353 6391

Renowned for its handcrafted baking and carefully brewed coffee, WildFlour delivers a refined yet relaxed café experience, showcasing bold flavours and beautifully made food in a welcoming local setting.

A photograph of a man and a woman standing at a bar. The man is wearing a white button-down shirt and dark pants, leaning slightly forward. The woman is wearing a long, light purple dress with short puffed sleeves and a thin strap bag. They are both looking towards the bar counter. In the background, a bartender in a black cap and shirt is visible behind the bar. The bar is well-stocked with various bottles of alcohol on shelves. A warm, yellow light from a pendant lamp is visible on the left side of the frame.

Sip + Socialis



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Sip + Socialis



Brew Union Brewing Co



📍 39-41 Broadway Avenue

🌐 brewunion.co.nz ☎ 06 280 3146

Bubbles Champagne & Wine Bar



📍 58 Broadway Avenue 🌐 bubblesbar.co.nz

☎ 06 356 6639

CASTLE 789



📍 789 Main Street

📌 Castle 789

☎ 021 0211 1110

Holy Grail



📍 511 Main Street

🌐 www.holygrail.nz



Jax Workshop



171 Fairs Road 027 4937 079

The Workshop, Probably the best bar on Fairs Road.

Neighbourhood



334 Church Street Neighbourhood Palmy

06 358 8888

Roosters Bar and Eatery



1 The Square cockroosterlimited@outlook.com

021 121 7325

Rose and Crown

743 Main Street

roseandcrown.co.nz

06 355 3660

Rosie O'Grady's

96 Fitzherbert Ave

rosieogradys.co.nz

06 952 7710

Speedway Garage



- 📍 528 Main Street
- ✉ sgpalmy@georgegroup.co.nz
- ☎ 06 357 8002

Sporty's Bar



- 📍 215 Featherston Street
- 📌 Sporty's Bar
- ☎ 06 356 3600

Teacher Teacher - Cocktail Bar



- 📍 528 Main Street
- 📌 TeacherTeacherPalmy

Teacher Teacher is Palmerston North's rooftop cocktail bar and nightlife spot, serving inventive drinks, DJs and upbeat vibes above The Cobb. It's a stylish social hub for evening drinks and gatherings, with signature cocktails and a lively atmosphere that makes it a favourite for weekend nights out.

The Albert Sports Bar



- 📍 688 Main Street East
- 📌 The Albert Sports Bar
- ☎ 06 354 4678

The Celtic Inn



- 📍 73-77 Broadway Ave
- 🌐 celticinn.co.nz
- ☎ 06 357 5571

The Cobb Hotel



- 📍 528 Main Street
- 🌐 thecobbhotel.co.nz
- ☎ 06 357 8002

The Hilltop



- 📍 194/200 Ruapehu Drive
- 📌 TheHilltop.PalmerstonNorth
- ☎ 06 354 0621

The Pendulum Bar & Eatery



- 📍 522 Main Street
- 📌 ThePendulumBar
- ☎ 06 354 2610

Traders



- 📍 36 Fitzherbert Avenue
- ✉ traders@georgegroup.co.nz
- ☎ 06 358 0876





Evening
Dining



Evening Dining



Amayjen (pronounced Imagine)



📍 17 Victoria Avenue 🌐 amayjen.co.nz ☎ 06 355 1113

Arranged Marriage



📍 32B The Square
🌐 arrangedmarriage.co.nz
☎ 06 351 6300

Beaver & Bear

☐

📍 3 Campbell Street 🌐 beaverandbear.co.nz

☎ 06 260 2124

Beaver & Bear is a relaxed Palmerston North bar serving hearty, crowd-pleasing food alongside quality drinks. Known for generous portions and classic favourites, it's a popular spot for casual dining, after-work meals, and sharing plates with friends in a warm, welcoming setting.



Dejeuner

☐

📍 44 The Square 🌐 dejeuner.co.nz ☎ 06 952 5581

Flame Amano

☐

📍 161 Broadway Ave 🌐 flameamano.co.nz

☎ 06 355 0450

Blends contemporary cuisine with fire-driven flavours in a beautifully restored Broadway Avenue space. With refined dishes, a curated drinks list, and a warm, modern atmosphere, it's ideal for special occasions or elegant nights out. A standout addition to Palmerston North's dining scene.

GAON Korean BBQ House



📍 130 The Square
🌐 gaon.co.nz
☎ 06 357 5678

Global Kitchen



📍 159 Broadway Avenue
✉ info@globalkitchen.nz
☎ 06 355 2266

Haru Japanese Restaurant



📍 19 Broadway Avenue
f HaruJapanese
☎ 06 358 4278

Holy Smoke



📍 511-513 Main Street
✉ holysmoke@georgegroup.co.nz
☎ 06 222 3780



Kaitahi - Chef Table & Lodge



📍 24 Kingsdale Park Drive Aokoutere
🌐 www.facebook.com/kaitahilodge ☎ 027 603 9991

Navajo Steakhouse



📍 22-26 Fitzherbert Ave 🌐 navajosteakhouse.co.nz
☎ 06 358 7679

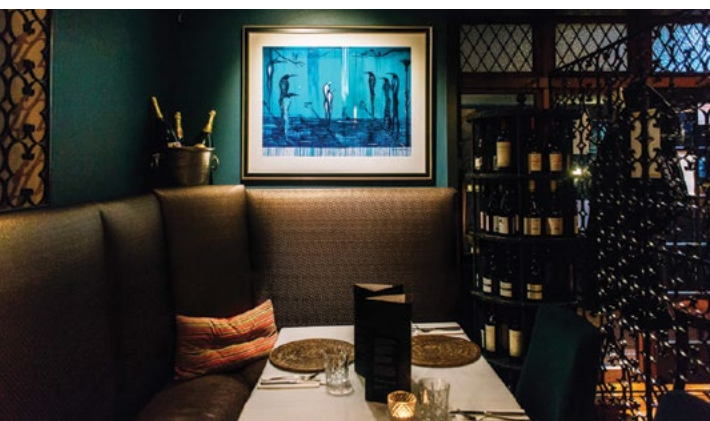


Little Savanna



📍 45-47 Princess Street 🌐 littlesavanna.co.nz
☎ 06 358 7775

Little Savanna brings bold South African flavours to Palmerston North, offering flame-grilled meats, hearty mains, and vibrant shared dishes. With warm service, a lively atmosphere, and a stylish dining space, it's a favourite for group dinners, celebrations, and anyone craving rich, smoky, beautifully crafted cuisine.



Nero Restaurant



📍 36 Amesbury Street 🌐 nerorestaurant.co.nz

☎ 06 354 0312

Nero Restaurant offers refined dining in a charming historic villa, showcasing seasonal New Zealand produce with beautifully crafted dishes. Known for exceptional service and an elegant atmosphere, it's a favourite for celebrations, date nights, and memorable meals in the heart of Palmerston North.

Nosh Restaurant



📍 175 Cuba Street 📞 06 355 5895

✉️ reservationsdistinctionpalmerstonnorth.co.nz

Pirates of the Grill



📍 334A Rangitikei Street

✉️ piratesofthegrill@gmail.com

📞 06 213 8814

Portofino Italian Restaurant



📍 155-159 Broadway Avenue

🌐 portofino.co.nz

📞 06 355 5860

Speights Ale House



📍 27 Grey Street ✉️ admin@sahpn.co.nz

📞 06 355 3482



The Fat Farmer



📍 360 Albert Street 🌐 thefatfarmer.co.nz

📞 06 358 4999



**Casual
Dining**



Casual Dining



Afghan Darbar Restaurant & Takeaway



📍 72 George Street 🌐 afghandarbarrestaurant.co.nz
☎ 06 260 1110

Angkor Restaurant



📍 4 Coleman Place 🌐 angkor.co.nz
☎ 06 358 8807

Bangsaen Kitchen



📍 108 Broadway Avenue
🌐 bangsaenkitchenonline.co.nz
☎ 06 213 8099

Bing House



 84 Fitzherbert Avenue

 binghousePN

 06 358 5850

Black Pearl Café



 91 Broadway Avenue

 blackpearlcafe.co.nz

 06 560 2849

Burger Fuel



 84 Fitzherbert Avenue

 burgerfuel.com

 06 354 7778

Café Eminem



 94 Broadway Avenue

 CafeEminem

 06 353 1360

Chicken Union



 54 The Square

 chickenunion.co

 david@chickenunion.co.nz

 chickenunion_

Chada Thai



 81 Broadway Avenue

 chadathai.co.nz

 06 357 2555

Chinatown Chinese Restaurant



 156 Cuba Street

 chinatownrestaurant.co.nz

 06 356 8368

Desi Vibes



 529 Main Street

 06 212 0880

dK CHICKEN



 19 Rangitikei Street  dkchicken.co.nz

 06 353 7253



Gengy's Restaurant



📍 21 Broadway Avenue

🌐 gengys.co.nz

☎ 06 355 0411

Focal Point Cinema and Café Palmerston North



📍 223 Cuba Street 🌐 focalpointcinema.co.nz

☎ 06 241 8417

Golden Roast



📍 268 Cuba Street 🌐 goldenroast-palmerstonnorth.co.nz

☎ 06 358 1566

Golden Time Restaurant



- 📍 649 Main Street
- 🌐 goldentimerestaurant.co.nz
- 📞 06 358 3887

Hoko Sushi



- 📍 188 Te Awe Awe Street
- 📌 HokowhituVillage
- 📞 06 212 0543



Hanamizuki Japanese Restaurant



- 📍 161 The Square
- 🌐 hanamizuki.co.nz
- 📞 06 354 1885

HK Express



- 📍 95 Broadway Avenue
- 📞 06 359 4868

Il Capo Pizza and Pasta



- 📍 194-200 Ruapehu Drive
- 📌 Il Capo Pasta & Pizzeria
- 📞 06 350 0040

Indian Indulgence



- 📍 63 George Street
- 🌐 indianindulgence.nz
- 📞 06 354 5075



Kapadokya Mediterranean & Turkish Cuisine

📍 64 George Street

📘 KapadokyaKebabs

☎ 06 357 3719

Kapadokya brings the rich flavours of Turkish cuisine to Palmerston North, serving traditional dishes made with fragrant spices and fresh ingredients. From tender meats and mezze to house-made breads, it offers a warm, authentic dining experience ideal for relaxed dinners and sharing plates with friends.

Indian Summer ☐

- 📍 194-200 Ruapehu Drive
- 🌐 indiansummerhill.co.nz
- ☎ 06 355 8098

Indian2nite ☐

- 📍 22 George Street
- 🌐 indian2niterestaurant.co.nz
- ☎ 06 353 7400

Jimmy Cook's Kiwi Kitchen ☐

- 📍 110 Fitzherbert Avenue
- ☎ 06 356 8059
- 🌐 jimmycooks.co.nz

Joe's Garage ☐

- 📍 38 Princess Street
- 🌐 joes.co.nz
- ☎ 06 358 4428

Little India ☐

- 📍 157 Broadway Avenue
- 🌐 littleindia.co.nz
- ☎ 06 355 1313



Mr. & Mrs. Chefs Palmy ☐

- 📍 126 Kings Street
- 🌐 mrandmrschefspalmy.co.nz
- ☎ 022 196 7122

Mr Choi Sushi



📍 364 Main Street

📱 ChoiSushi

☎ 06 353 5441

Noodles 'N' Dumplings



📍 21 Coleman Place

📱 NoodlesAndDumplings

☎ 06 357 0194

Namaste Bharat Indian Restaurant



📍 61 The Square 🌐 namastebharat.co.nz ☎ 06 354 7898



Pho Nem Hanoi Home Cooking



📍 68 The Square 📱 PhonemKiwi ☎ 06 260 1051

Pho Nem Hanoi Home Cooking offers authentic Vietnamese comfort food in Palmerston North, specialising in fragrant pho, fresh spring rolls, and traditional Hanoi-style dishes. With generous portions and homestyle flavours, it's a go-to spot for warming bowls, quick lunches, and casual, satisfying meals.



Phnom Penh Oriental Delight Restaurant

☐

 102 Broadway Avenue  Phnom Penh Oriental Delight
 06 359 1088

Rangra's Indian Cuisine

☐

 1 Botanical Road
 rangracuisine.co.nz
 06 356 7050

ReBurger

☐

 44 Princess Street
 reburger.co.nz
 021 052 6097

Richies Kai

☐

 66 Broadway Avenue
 RichiesKai
 06 356 1763

Saigon Restaurant & Bar

☐

 327 Broadway Avenue
 saigon.nz
 06 354 7000

Sakura Sushi and Coffee Bar

☐

 47 The Square,
Square Edge Arts Centre
 nzsr0606@gmail.com

Sals Authentic New York Pizza

☐

 133 Cuba Street
 06 826 4929
 getintouch@sals.co.nz



Pompeii Pizza



📍 163 The Square 🌐 pompeii.co.nz
☎ 06 952 5575

Pompeii Pizza delivers traditional Neapolitan-style pizza in Palmerston North, with hand-stretched dough, slow fermented bases, and simple, high-quality ingredients. Baked at high heat for a light, airy crust with blistered edges, it's all about classic Italian flavours done properly.



Saigon Corner



📍 54 Princess Street

🌐 saigoncorner.co.nz

📞 06 355 4988

Saigon Corner serves fresh, flavourful Vietnamese dishes in Palmerston North, from aromatic pho and vermicelli bowls to crisp bánh mì and classic stir-fries. Known for quick service and generous portions, it's a popular choice for casual lunches and relaxed, no-fuss dining.

Sunday Roast



📍 112 Broadway Avenue
☎ 06 355 1180

Spicy India



📍 164 Albert Street
🌐 spicyindia.co.nz
☎ 06 357 6040

Sushi House



📍 104 Rangitikei Street
☎ 06 353 5644

Sushi House



📍 130 King Street
📌 SushiHouse130KingSt
☎ 06 355 1990



Sushi MaMa



📍 4 Ada Street ☎ 020 495 4404
📍 108 College Street ☎ 06 356 4234
🌐 sushimama.co.nz

Tasty Restaurant



📍 700 Main Street 📌 TastyPN ☎ 06 353 5388



Tony's Pizza



📍 134 The Square 🌐 tonyspizza.co.nz
☎ 022 582 3790

Tony's Pizza pairs classic, no-frills pizza with a fun, social vibe, featuring arcade games and table games that make it a popular hang-out spot. With generous slices, loaded toppings, and entertainment to match, it's ideal for group catch-ups, casual dinners, and relaxed nights out.

Thai Orchid Restaurant



345 Ferguson Street thaiorchidpalmy.com
 06 358 4714



Thai House Express



70 Broadway Avenue thaihousepalmy.co.nz
 06 353 7841

Thai Mekong Restaurant Summerhill



194-200 Ruapehu Drive
 mekong.co.nz
 06 356 5460

Turkish Delight Kebab Café



15 Fitzherbert Avenue
 palmerstonturkishdelight.co.nz
 06 355 1032

Wabi Sabi



74 Broadway Avenue
 wabisabi-restaurant.com
 06 359 1477

Yeda



78 Broadway Avenue
 [YedaRestaurant](https://www.facebook.com/YedaRestaurant)
 06 358 3978

The Eatery – Downtown



📍 70 Broadway Avenue

🌐 downtown.net.nz

📞 06 358 3305

The Eatery at Downtown is a lively CBD food hub bringing together a mix of independent vendors and diverse flavours under one roof. With plenty of choice and a relaxed, social atmosphere, it's a go-to for quick lunches, casual dinners, and easy takeaway in the heart of Palmerston North.





The Plaza Food Court



📍 84 The Square

🌐 theplaza.co.nz

📞 06 358 1989

Plaza Food Court is a busy CBD dining spot offering a wide mix of flavours and fast, affordable eats under one roof. With plenty of choice and a constant buzz, it's a popular go-to for quick lunches, casual dinners, and easy meals while shopping.





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Falmston North

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PALMY™